

# Women's Aid



Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey



Charity of the Year

2025

# Women's Aid ABCLN

Women's Aid ABCLN provides confidential support, information and emergency accommodation for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.

Our work is trauma informed and needs led.

- We provide emergency accommodation for women and children in our Ballymena based refuge and self-contained apartments.
- We offer one to one support, practical assistance and group work in the community.
- We provide specialised services and support for children and young people affected by domestic abuse.
- We provide increased awareness and greater protection for older women who have experienced domestic abuse.

We believe no-one should have to live in fear or threat from abuse.



## Knowing That Help Is Available

One in four women will experience domestic abuse in their lifetime. PSNI respond to one incident of domestic abuse every 16 minutes. For every incident, we know the impact on women and children can be devastating.

Last year, in 2022-2023, Women's Aid ABCLN's Domestic Abuse Specialists supported 1,449 women and 723 children living with domestic abuse in our local community.

Knowing that help is available, that there is a way out of the domestic abuse they have experienced, enables women to transform their lives.

Through early intervention and preventative work, we challenge attitudes and beliefs which lead to violence against women and girls.

We work with partner organisations and communities to increase understanding and awareness about domestic abuse and equip them to recognise and respond to issues faced.

Together we are working to end domestic abuse.

## Domestic Abuse Specialists

Women's Aid ABCLN Domestic Abuse Specialists provide trauma-informed, high-quality, pro-active, front-line support and services to women and children impacted by domestic abuse.

We listen to what women and children tell us, and recognise and respond to their individual needs. Our work is trauma informed and needs led.

We work with women to develop a support plan focusing on safety planning and protection measures. We provide practical support to enable women to access services including housing, benefits, social services, healthcare and education, financial services, police and legal support.

We provide one-to-one therapeutic support for women and children enabling them to cope with the trauma they have experienced.

We offer emotional support for women and children on an individual basis and/or in a group setting. We provide personal development and confidence building groups and courses that enable women and children to discuss issues in a safe and supported environment, and learn through shared experiences.



## Working In Partnership

We welcome the opportunity to work in partnership with your company to raise vital funds for Women's Aid ABCLN's and help create positive change for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.

Working together with your staff to deliver shared corporate responsibility, community involvement, charity of the year partnership, income generation and sustainability goals, your support will enable us to:

- Provide specialist domestic abuse support for women and children
- Increase awareness about domestic abuse and the issues faced.
- Create a Safe Place for **ANYONE** affected by domestic abuse.

## The Year Ahead

Walk A Mile	Walk A Mile 'Step Challenge'	January
Make A Cuppa	International Women's Day Make A Cuppa for Women's Aid ABCLN	March
Abseil Challenge	Europa Abseil Challenge	April
Run 2025	Run Belfast City Marathon & Relay for Women's Aid ABCLN	May
Safe Haven Garden	Employer Supported Volunteering in Safe Haven Garden	Through Out Summer
Run 2025	Run Antrim Coast Road Half Marathon & Relay for Women's Aid ABCLN	August
Zipline Challenge	Ireland's Longest 700m River Rapid Zipline	September
Safe Place	Become a Safe Place For ANYONE affected by domestic abuse	Through Out Year
Make It Magical Christmas Campaign	Make It Magical Christmas Appeal Christmas Jumper Day	December

## Media & PR

- Launch photocall and press release for the partnership
- Regular media & PR inducing press and social media opportunities
- Good news stories and case studies highlighting key milestones and successes
- Acknowledgement and thanks with funders logo and messaging on Women's Aid ABCLN website & resources

## Knowledge & Expertise

- Share knowledge and expertise to support Women's Aid ABCLN
- Demonstrate commitment to corporate responsibility and community involvement
- Dedicated Community Champions to grow support for the partnership
- Supported by Women's Aid ABCLN Manager to deliver shared objectives

## Employee Engagement

- Accredited **Safe Place** training for your organisation and staff
- Unique & rewarding employee volunteering opportunities for all staff
- Opportunity for team to visit Women's Aid ABCLN **Refuge** in Ballymena
- Opportunity for volunteering in Women's Aid ABCLN's **Safe Haven Garden**

## Corporate Volunteering

Women's Aid ABCLN's **Safe Haven Garden** in Antrim provides a safe and nurturing outdoor space for women and children experiencing domestic abuse.

The garden offers unique **employer supported volunteering** and **team building** opportunities for your staff to get involved in our work - planting garden beds & window boxes, weeding and painting fences.

"Our team came to Women's Aid ABCLN with the intention of giving, but it was us who came away more enriched by everything they do to help women and children."

"Corporate Social Responsibility is so important to us and we encourage every employee to take part in at least one volunteering day per year."



**CED Group Learning  
and Development Manager**

## Employee Engagement

Reconnect offers a 12-week **personal development** programme for women to increase confidence and self-esteem and well-being. This provides bespoke opportunities for staff you to bring added **Social Value** to our partnership facilitating group work and activities.



## Become A Safe Place

Join us and become a **Safe Place** for ANYONE affected by domestic abuse. Women's Aid ABCLN will provide free accredited Safe Place training for your staff to increase understanding and awareness about the issues faced and equip staff to recognise and respond to ANYONE affected by domestic abuse.

- Pledge to **never commit, condone** or **remain silent** about domestic abuse.
- Acknowledge domestic abuse is a problem that impacts all of society
- Send out a clear message that domestic abuse is not acceptable
- Provide a Safe Place for **ANYONE** affected by domestic abuse to confidentially access information and signpost them to support

# Women's Aid

Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey

# Events 2024

**Women's Aid**  
Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey

**Join Us**

## Make A Cuppa

For Women's Aid ABCLN

**You Can**

- Host A Coffee Morning
- Together with family friends and colleagues
- Or simply grab a quick brew

Help us raise funds for women and children affected by domestic abuse

Get Your Fundraising Pack Today **Tel: 028 25 632136**  
Email: [events@womensaidabcln.org](mailto:events@womensaidabcln.org)  
[www.womens-aid.org.uk](http://www.womens-aid.org.uk)

Working To End Domestic Abuse

**Make A Cuppa for Women's Aid ABCLN**

**Women's Aid**  
Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey

**Join Us**

## Walk A Mile

For Women's Aid ABCLN

**You Can**

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Working To End Domestic Abuse

**Walk A Mile for Women's Aid ABCLN**

**Women's Aid**  
Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey

**Calling ALL Schools**

## Your School Can Do One Thing

For Women's Aid ABCLN

**Join Us**

- Be A Superhero
- Non-Uniform Day
- Walk A Mile

Help us raise funds for women and children affected by domestic abuse

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[www.womens-aid.org.uk](http://www.womens-aid.org.uk)

Working To End Domestic Abuse

**Schools Fundraising Challenge**

**Women's Aid**  
Antrim, Ballymena  
Carrickfergus, Larne  
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**Highest In Ireland**

## Tandem Sky Dive

For Women's Aid ABCLN

Take a leap at 15,000 ft for the experience of a lifetime

Help us raise funds for women and children affected by domestic abuse

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[www.womens-aid.org.uk](http://www.womens-aid.org.uk)

Working To End Domestic Abuse

**Join Us Book Your Jump Date Today**

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**Join Us**

## Europa Abseil

For Women's Aid ABCLN

**You Can**

Brave the heights to abseil 120ft down Belfast's iconic Europa Hotel

Help us raise funds for women and children affected by domestic abuse

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[www.womens-aid.org.uk](http://www.womens-aid.org.uk)

Working To End Domestic Abuse

**Sunday 28th April  
April . May . June**

**Women's Aid**  
Antrim, Ballymena  
Carrickfergus, Larne  
& Newtownabbey

**Run 2024**

## Antrim Coast Half Marathon

For Women's Aid ABCLN

**Join Us**

Antrim Coast Half Marathon and Relay for Women's Aid ABCLN

Help us raise funds for women and children affected by domestic abuse

**Half Marathon . Relay Team**

Get Your Fundraising Pack Today **Tel: 028 25 632136**  
Email: [events@womensaidabcln.org](mailto:events@womensaidabcln.org)  
[www.womens-aid.org.uk](http://www.womens-aid.org.uk)


Working To End Domestic Abuse

**Half Marathon & Relay  
Sunday 25th August**

[www.womens-aid.org.uk/support-us](http://www.womens-aid.org.uk/support-us)

For further information  
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& Newtownabbey



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[womens-aid.org.uk](http://womens-aid.org.uk)

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