# Warnen's Aid Antrim, Ballymena Carrickfergus, Larne & Newtownabbey



Charity of the Year 2025

#### Women's Aid ABCLN

Women's Aid ABCLN provides confidential support, information and emergency accommodation for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.

Our work is trauma informed and needs led.

- We provide emergency accommodation for women and children in our Ballymena based refuge and self-contained apartments.
- We offer one to one support, practical assistance and group work in the community.
- We provide specialised services and support for children and young people affected by domestic abuse.
- We provide increased awareness and greater protection for older women who have experienced domestic abuse.

We believe no-one should have to live in fear or threat from abuse.







#### Knowing That Help Is Available

One in four women will experience domestic abuse in their lifetime. PSNI respond to one incident of domestic abuse every 16 minutes. For every incident, we know the impact on women and children can be devastating.

Last year, in 2022-2023, Women's Aid ABCLN's Domestic Abuse Specialists supported 1,449 women and 723 children living with domestic abuse in our local community.

Knowing that help is available, that there is a way out of the domestic abuse they have experienced, enables women to transform their lives.

Through early intervention and preventative work, we challenge attitudes and beliefs which lead to violence against women and girls.

We work with partner organisations and communities to increase understanding and awareness about domestic abuse and equip them to recognise and respond to issues faced.

Together we are working to end domestic abuse.

#### **Domestic Abuse Specialists**

Women's Aid ABCLN Domestic Abuse Specialists provide trauma-informed, high-quality, pro-active, front-line support and services to women and children impacted by domestic abuse.

We listen to what women and children tell us, and recognise and respond to their individual needs. Our work is trauma informed and needs led.

We work with women to develop a support plan focusing on safety planning and protection measures. We provide practical support to enable women to access services including housing, benefits, social services, healthcare and education, financial services, police and legal support.

We provide one-to-one therapeutic support for women and children enabling them to cope with the trauma they have experienced.

We offer emotional support for women and children on an individual basis and/or in a group setting. We provide personal development and confidence building groups and courses that enable women and children to discuss issues in a safe and supported environment, and learn through shared experiences.





## Working In Partnership

We welcome the opportunity to work in partnership with your company to raise vital funds for Women's Aid ABCLN's and help create positive change for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.

Working together with your staff to deliver shared corporate responsibility, community involvement, charity of the year partnership, income generation and sustainability goals, your support will enable us to:

- Provide specialist domestic abuse support for women and children
- Increase awareness about domestic abuse and the issues faced.
- Create a Safe Place for **ANYONE** affected by domestic abuse.

#### The Year Ahead

| Walk A Mile                           | Walk A Mile 'Step Challenge'   | January               |
|---------------------------------------|--|-----------------------|
| Make A Cuppa                          | International Women's Day<br>Make A Cuppa for Women's Aid ABCLN      | March                 |
| Abseil Challenge                      | Europa Abseil Challenge  | April                 |
| Run 2025                              | Run Belfast City Marathon<br>& Relay for Women's Aid ABCLN           | May                   |
| Safe Haven Garden                     | Employer Supported Volunteering in Safe Haven Garden                 | Through Out<br>Summer |
| Run 2025                              | Run Antrim Coast Road Half Marathon<br>& Relay for Women's Aid ABCLN | August                |
| Zipline Challenge                     | Ireland's Longest 700m<br>River Rapid Zipline                        | September             |
| Safe Place                            | Become a Safe Place For<br>ANYONE affected by domestic abuse         | Through Out<br>Year   |
| Make It Magical<br>Christmas Campaign | Make It Magical Christmas Appeal<br>Christmas Jumper Day             | December              |

#### Media & PR

- Launch photocall and press release for the partnership
- Regular media & PR inducing press and social media opportunities
- Good news stories and case studies highlighting key milestones and successes
- Acknowledgement and thanks with funders logo and messaging on Women's Aid ABCLN website & resources

#### Knowledge & Expertise

- Share knowledge and expertise to support Women's Aid ABCLN
- Demonstrate commitment to corporate responsibility and community involvement
- Dedicated Community Champions to grow support for the partnership
- Supported by Women's Aid ABCLN Manager to deliver shared objectives

## **Employee Engagement**

- Accredited Safe Place training for your organisation and staff
- Unique & rewarding employee volunteering opportunities for all staff
- Opportunity for team to visit Women's Aid ABCLN Refuge in Ballymena
- Opportunity for volunteering in Women's Aid ABCLN's Safe Haven Garden

#### Corporate Volunteering

Women's Aid ABCLN's **Safe Haven Garden** in Antrim provides a safe and nurturing outdoor space for women and children experiencing domestic abuse.

The garden offers unique **employer supported volunteering** and **team building** opportunities for your staff to get involved in our work - planting garden beds & window boxes, weeding and painting fences.

"Our team came to Women's Aid ABCLN with the intention of giving, but it was us who came away more enriched by everything they do to help women and children."

"Corporate Social Responsibility is so important to us and we encourage every employee to take part in at least one volunteering day per year."



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Reconnect offers a 12-week **personal development** programme for women to increase confidence and self-esteem and well-being. This provides bespoke opportunities for staff you to bring added **Social Value** to our partnership facilitating group work and activities.



#### Become A Safe Place

Join us and become a **Safe Place** for ANYONE affected by domestic abuse. Women's Aid ABCLN will provide free accredited Safe Place training for your staff to increase understanding and awareness about the issues faced and equip staff to recognise and respond to ANYONE affected by domestic abuse.

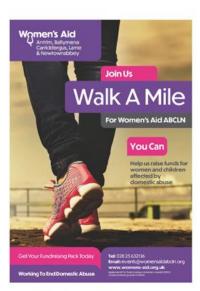
- Pledge to never commit, condone or remain silent about domestic abuse.
- Acknowledge domestic abuse is a problem that impacts all of society
- Send out a clear message that domestic abuse is not acceptable
- Provide a Safe Place for ANYONE affected by domestic abuse to confidentially access information and signpost them to support

# Events 2024

Wamen's Aid
Antrim, Ballymena
Carrickfergus, Larne
& Newtownabbey



Make A Cuppa for Women's Aid ABCLN



Walk A Mile for Women's Aid ABCLN



Schools Fundraising Challenge



Join Us Book Your
Jump Date Today



Sunday 28th April April . May . June



Half Marathon & Relay Sunday 25th August

www.womens-aid.org.uk/support-us

# For further information Please contact:

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**Wamen's Aid** Antrim, Ballymena Carrickfergus, Larne & Newtownabbey

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