

Women's Aid ABCLN Corporate Volunteering in Safe Haven Garden



Make A Difference

Women's Aid ABCLN's **Safe Haven Garden** in Antrim provides safe and nurturing outdoor space for women and children experiencing domestic abuse.

The design for the Safe Haven Garden was created by women and children and funded by The National Lottery People's Millions. As you can imagine, a garden of this size and with so many beautiful areas, needs continuous maintenance.

That's where your employees come in. A team of volunteers from your company for a half or full day could make a big difference

Volunteer Roles	<ul style="list-style-type: none"> • Safe Haven Garden Volunteers • Outdoor Maintenance Volunteers
Location	Women's Aid ABCLN Safe Haven Garden 17 Fountain Street Antrim BT41 4BG
Join Us	Opportunities available throughout the year
Time	9.30pm – 4.00pm
Activities	<ul style="list-style-type: none"> • Volunteer Gardening in Safe Haven Garden, Antrim • Planting garden beds, large planters & window boxes • Power hosing, weeding beds & planters and brushing path • Outdoor maintenance including painting fences



What We Provide	<p>Opportunity to work with other volunteers to learn new skills and share expertise in the Safe Haven Garden, Antrim.</p> <p>Opportunity to take part in an 'Understanding Domestic Abuse' workshop with colleagues.</p> <p>Wider opportunities for individual volunteering with Women's Aid ABCLN including refuge, court support, group work with women, children & young people, and awareness raising volunteers.</p>
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CDE Group Volunteers

We were delighted our team got the opportunity to volunteer with Women's Aid ABCLN. We are extremely appreciative of the time we get to visit the charities and services that help those in need across our communities.

We love to get stuck in to help in any way we can.

Our team came to Women's Aid ABCLN with the intention of giving, but as usual, it was us who came away more enriched by the organisation and everything they do to help women and children in need.

Corporate social responsibility is so important to us and we encourage every employee to take part in at least one volunteering day per year.



Women's Aid do such incredible work and we were delighted to be able to contribute in some small way.

Our Purpose to 'create our best world, a ton at a time' takes many forms and we were delighted to volunteer at Women's Aid ABCLN.

Corinne Jordan, **CDE Group**
Learning and Development Manager

About Women's Aid ABCLN

- Women's Aid ABCLN provides confidential support, information and emergency accommodation for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.
- We offer one to one support, practical assistance and group work for women in the community.
- We provide specialised services and support for children and young people affected by domestic abuse.
- We believe that no-one should have to live in fear or threat from abuse.
- Knowing that help is available, that there is a way out of the domestic abuse they have experienced enables women to transform their lives.
- Through early intervention and preventative work, we challenge attitudes and beliefs which lead to male violence against women.
- Together we are working to end domestic abuse.

Why Volunteer

Firstly, we need your help – we are a small team with a big reach. Last year we supported almost 1,500 women and over 700 children across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey. The Safe Have Garden provides a safe space for women - whether that is having a chat and a cuppa with another woman, volunteer or their Domestic Abuse Specialist, doing some work in the garden or to take a moment outdoors during a course or workshop. We want the garden to be calm and welcoming space for everyone.

Boosts Employee Engagement, Morale and Loyalty - A 2017 Deloitte Volunteer Survey showed that 70% of those surveyed felt that volunteer activities are likely to boost employee morale, and 74% believed that volunteering provides a sense of purpose.

Improves employee health and wellness - While doing positive for others can make people feel good, the benefits run much deeper than that. According to the Mayo Clinic, volunteering improves physical health and mental wellness.

Builds team relationships - When employees spend time together doing meaningful activities away from their regular employment environment, they get to know each other in different and more personal ways.

Positive company image - According to a 2020 article by The Chronicle of Philanthropy, 78% of the 7000 respondents of a multi-national survey responded favourably to companies with corporate social responsibility (CSR) initiatives. The survey revealed that 33% of respondents claimed to always or (or at least regularly) consider a company's CSR before making a purchase.

You Can Contact Us

For more information on how **YOU CAN Volunteer for Women's Aid ABCLN** contact:

Women's Aid ABCLN

Tel: 028 25 632136

Email: volunteering@womenaidabcln.org

